

# USCG APPROVED TYPE I OFFSHORE PFD DONNING INSTRUCTIONS

# 1



**Place lifejacket  
Over your head**

# 2



**Bring the strap around  
your body and fasten clip**

# 3



**Adjust the lifejacket to a  
snug fit by pulling end of strap**

# 4



**Finished Look  
If night-time: Turn on the water-light**

# 5



**Cross arms across chest  
and enter water feet first**

**LOCATION: \_\_\_\_\_**